**Updated information concerning the Covid-19 antiepidemic protection rules in the Czech Republic**

that are in validity **from today, Monday, March 1, 2021.**

The currently expected duration is (at least) 3 weeks – **until March 21, 2021.**

If you wish that the situation here improves (we are currently the worst Covid affected country in Europe, sadly), follow the rules, please.

Which means especially **NO VISITS to others living elsewhere than you do**, no common dinners, parties, gatherings etc.

 -----

 What are the general rules in place:

1. You can enter **public transport and shops** with **RESPIRATORS** on only

1. **Everywhere outside and inside (aside of your own room/flat)**you must wear **RESPIRATOR or CHIRURGICAL MASK**– the fabric masks are not acknowledged at present as the situation is really critical

1. **People can leave their housing only for work/studies, necessary shopping, visiting a doctor or administrative office, bank, post or similar administrative place – or for a fitness walk or run in the surroundings**– **no unnecessary movement around the city and no trips!!!!, please** – have your **student card**ready if you go to the university, there will be checks. **For a fitness run in the city you need the mask now too!**

1. **No movement between the regions is allowed**.
2. **The night curfew remains in place**– **no movement outside from 9 p.m. till 5 a.m.** (aside of walking a dog or returning from/going to work)

1. **Most of the shops are closed again**, e.g. stationaries and clothing articles for children had to close – **open remain: grocery shops, pharmacies, drug stores, tobbacos and flower shops**(the latest because of the funerals mainly, as there was also a call to close them – but you can get a flower there also for yourself, certainly)

1. **QUARANTINE IS NOW PROLONGED FOR 14 DAYS – this is counted from the last contact with the Covid-19 positive person OR from the day of Covid-19 positive test ( = day 0)**

1. **The quarantine means not to leave your room/flat at all**– unless you share bathroom in the corridors with the others – but then go there only with respirator on; **COMMON KITCHENS IN THE CORRIDORS CANNOT BE USED!!!**

1. If you share a flat, the quarantine for all in the flat will be the same as in a case of family – 21 days.

1. Visits to people living elsewhere than you do are not allowed. If you absolutely need to leave the place of where you live, you need to fill in a „permission form“ / Statutary Declaration(can be also written by hand if you do not have a printer; in the halls you can ask at the reception for getting it printed):

<https://www.vlada.cz/assets/media-centrum/aktualne/Cestne_prohlaseni___vzor.pdf>

If you have any questions, feel free to email us!

Finally, please, take this really seriously – and help us to improve the situation by following all the rules.